

## The Truth About Trust

Absolute, unwavering trust in God is the greatest method of instantaneous healing of body (son of man) and Soul (son of God). A steadfast and growing commitment to arouse and consequently deepen our trust is the highest and most rewarding goal one can aspire to. There is nothing more satisfying than the blissful tranquility of meditating on and expanding upon the Truth, once it is realized. Those who demonstrate Truth through their commitment to the practice of uncompromising trust exert a profound and lasting influence on those others who are avidly seeking to establish a firm belief in God's tender loving care, guidance and protection.

The Truth about trust is, our imperishable Soul, and its various manifestations, is eternally safe in God's loving care and guidance to the degree we believe this to be true. Our uppermost desire should be to continually awaken our ever-blossoming consciousness which is, for the most part, mired in uninformed negativity. Eventually we recognize this unburdening revelation to be the fruit of the soothing balm of trust. The realization that God is always willing to help us is the turning point of eternal life. The everlasting now becomes the jubilant existence it was always meant to be.

The Truth about trust was universally bequeathed to humanity by an orderly succession of enlightened prophets including, but not limited to Jesus, Krishna and Buddha, each of whom possessed and demonstrated the ultimate awakening of the Christ Consciousness in all its effulgence. Their purpose was to inspire us to understand how we may bring to fruition our spiritually aligned hopes and desires by placing our trust in the power emanating from the unwavering rock of Truth.

